

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 1 - Warmup 7.45 - 8.45

Event 111 Boys 15 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1	Howe, Inigo	16	Torfaen D	2:23.12	___
2	Spinks, Rhys	15	Torfaen D	2:18.70	___
3	Davies, Blake	15	Co Cardiff	2:17.81	___
4	Morgan, Ben	16	Pembs Cty	2:17.36	___
5	Watts, Macsen	15	Torfaen D	2:17.70	___
6	Flynn, Asten	15	Rct Squad	2:18.57	___
7	Burt, Caio	15	Nofio S Gar	2:19.78	___
8					___

Heat 2 of 8 Prelims

1	Bartram, Solomon	15	Bridgend Cty	2:16.10	___
2	Howells, Tom	16	Newtown	2:15.56	___
3	Roberts-Truman, Harri	15	Neath	2:15.34	___
4	Warman-Powell, Ioan	15	Torfaen D	2:14.60	___
5	%Read, William S14	17	Swansea Aq	2:14.97	___
6	Chapman, Coby	16	Penyrheol	2:15.51	___
7	Caldicott, Lewis	15	Co Newport	2:15.80	___
8	Ballantyne, Alex	16	Bridgend SC	2:17.30	___

Heat 3 of 8 Prelims

1	Chauhan, Jai	16	Nofio Bangor	2:14.10	___
2	Davies, Lewis	16	NofioGwynedd	2:13.50	___
3	Parfitt, Sebastian	15	Co Cardiff	2:12.39	___
4	Davies, Tom	15	Co Newport	2:12.35	___
5	Thomas, Iolo	15	Neath	2:12.36	___
6	Reece, Liam	15	Co Newport	2:13.40	___
7	Clark, Casper	16	Amersham	2:13.81	___
8	Parry, Now	16	NofioGwynedd	2:14.20	___

Heat 4 of 8 Prelims

1	Wilson, Aidan	16	Conwy	2:11.10	___
2	Evans, Oscar	16	Co Hereford	2:10.14	___
3	Hewitt, Archie	15	Torfaen D	2:09.86	___
4	Ogden, Dylan	17	Redditch	2:09.32	___
5	Vong, Joshua	15	Co Newport	2:09.70	___
6	Leatherbarrow, Jack	17	Wrexham	2:10.11	___
7	Deacon, Cameron	15	Co Cardiff	2:10.55	___
8	Gwynfil, Solomon	15	Co Cardiff	2:11.10	___

Heat 5 of 8 Prelims

1	Birdsall, Charlie	15	Co Cambridge	2:08.92	___
2	Bebb, Lewis	18	Newtown	2:07.54	___
3	Cavill, Jack	15	Co Cardiff	2:07.38	___
4	Latham, Elliot	15	Winchester	2:06.67	___
5	Hardy, Dewi	18	Wrexham	2:06.90	___
6	Cleary, Ethan	17	Salisbury	2:07.50	___
7	Page, Alfie	16	Co Cambridge	2:08.14	___
8	Williams, Thomas	15	Nofio S Gar	2:08.99	___

Heat 6 of 8 Prelims

1	Williams, Owen	16	NofioGwynedd	2:05.40	___
2	Holland, Tyler	17	EllesmereCSA	2:01.14	___
3	Lee, Jacob	19	Swansea Uni	1:58.22	___
4	Geysen-Holley, Max	20	Co Cardiff	1:54.77	___
5	Davies, Evan	19	Co Cardiff	1:57.89	___
6	Edwards, Dion	18	NofioGwynedd	1:59.10	___
7	Rixon, Oliver	17	Co Newport	2:02.33	___
8	Ward, Iwan	17	Droitwich	2:06.39	___

Heat 7 of 8 Prelims

1	Ma, Ko Kwan	16	Co Cardiff	2:03.90	___
2	Lennon, Danny	17	Wrexham	2:00.55	___
3	Burton, Matt	24	Swansea Uni	1:58.15	___
4	Staines, Luca	21	Swansea Uni	1:53.43	___
5	Prysor, Sami	18	EllesmereCSA	1:56.10	___
6	Pugh, Morgan	18	Torfaen D	1:58.67	___
7	Silverstone, Solomon	16	Pembs Cty	2:01.73	___
8	Evans, Monty	18	Gloucester	2:06.29	___

Heat 8 of 8 Prelims

1	Cressey-Rodgers, Ioan	20	Nofio S Gar	2:02.70	___
2	Keeble, Alex	21	Swansea Uni	1:59.40	___
3	Owen, Vinnie	17	Co Cardiff	1:58.02	___
4	O'Brien, Joshua	20	Co Cardiff	1:52.67	___
5	Burns, Harry	20	Co Cardiff	1:54.80	___
6	%Broom, Dylan S14	23	Swansea Uni	1:58.38	___
7	Mruk, Lucas	17	Torfaen D	2:01.39	___
8	Park, Reggie Samuel	15	Holywell	2:05.45	___

Event 112 Female 15 & Over 200 LC Meter Freestyle**Includes Event 207 Swimmers**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1					___
2					___
3	Koo, Kathryn	16	Pembs Cty	2:42.16	___
4	Banks, Ella	16	Newtown	2:29.46	___
5	Jenkins, Alexandra	16	Swansea Aq	2:31.54	___
6					___
7					___
8					___

Heat 2 of 10 Prelims

1	Watkins, Mylee	15	Neath	2:27.10	___
2	Mason, Phoebe	15	Pembs Cty	2:26.40	___
3	Brady, Grace	16	Rct Squad	2:25.92	___
4	Williams, Cari	15	NofioGwynedd	2:25.49	___
5	Davies-Jones, Hannah	16	Bridgend Cty	2:25.53	___
6	Johnson, Poppy	16	Holywell	2:26.03	___
7	Rose, Isabelle	16	Co Leicester	2:26.99	___
8	Haddrell, Eva Lily	17	Bridgend Cty	2:27.63	___

Heat 3 of 10 Prelims

1	Upton-Boorman, Isabella	15	Nofio S Gar	2:24.90	___
2	Rees, Maisie	15	Rct Squad	2:23.87	___
3	Kay, Isabelle	17	Rct Squad	2:23.15	___
4	Clissold, Bronwyn	17	Pembs Cty	2:22.41	___
5	Taylor, Rebecca	15	Wrexham	2:22.70	___
6	Thompson, Cerys	17	Nuneaton	2:23.71	___
7	Williams, Marys	16	Swansea Aq	2:24.56	___
8	Edwards, Carys	15	Caerphilly	2:25.30	___

Heat 4 of 10 Prelims

1	Fitzgerald, Mali	15	Bridgend Cty	2:21.38	___
2	Sullivan, Ariana	15	Torfaen D	2:21.16	___
3	Gardener, Hannah	16	Bridgend Cty	2:20.81	___
4	Howson, Ellen	16	Co Newport	2:20.30	___
5	Roberts, Mali	15	NofioGwynedd	2:20.64	___
6	Edwards, Alaw	15	NofioGwynedd	2:21.11	___
7	Evans, Gwennan	15	Co Cardiff	2:21.22	___
8	Morgan, Isabelle	17	Co Newport	2:21.83	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 1 - Warmup 7.45 - 8.45

Heat 5 Prelims (#112 Female 15 & Over 200 LC Meter Freestyle)

1	Richards, Faith	15	Co Cardiff	2:19.41	___
2	Givvons, Imogen	15	Co Newport	2:19.02	___
3	Coles, Mya	15	Co Newport	2:18.98	___
4	Ulloa, Coco	15	Wycombe Dist	2:18.72	___
5	Lidgett, Isabella	17	Co Cardiff	2:18.97	___
6	Philpott, Ffion	16	Nofio S Gar	2:19.02	___
7	Faulkner, Marie	20	Co Cardiff	2:19.09	___
8	Huws, Awen	17	Rct Squad	2:20.19	___

Heat 6 of 10 Prelims

1	King, Marley	17	Penyrheol	2:18.13	___
2	Tree, Charlotte	21	Swansea Uni	2:17.76	___
3	Parfitt, Lucy	17	Co Cardiff	2:17.61	___
4	Clissold, Elizabeth	19	Pembs Cty	2:17.40	___
5	Wheeler, Oriana	20	Swansea Uni	2:17.54	___
6	Davis, Bethan	20	Swansea Uni	2:17.70	___
7	Cyster, Rowan	21	Nofio Bangor	2:18.00	___
8	Marshall, Ffion	15	Co Cardiff	2:18.59	___

Heat 7 of 10 Prelims

1	Hellfeld, Beatrix	18	Nofio Bangor	2:17.10	___
2	Devin, Erin	15	Wrexham	2:16.70	___
3	Avraam, Neve	17	Co Cardiff	2:16.39	___
4	Evans, Gwenllian	16	Co Cardiff	2:16.00	___
5	Schumm, Libby	16	Torfaen D	2:16.04	___
6	Iles, Jessica	15	Co Cardiff	2:16.50	___
7	Cust, Ciara	18	Conwy	2:16.70	___
8	Lush, Emily	23	Swansea Uni	2:17.34	___

Heat 8 of 10 Prelims

1	O'Mahoney, Kaitlin	17	Bridgend Cty	2:15.28	___
2	Nichols, Grace	15	Pembs Cty	2:13.84	___
3	Croke, Carys	18	Torfaen D	2:11.63	___
4	Humphreys, Ffion	17	NofioGwynedd	2:07.40	___
5	Dilks, Gemma	20	Tiverton	2:08.66	___
6	%Williams, Rose S14	17	Co Cardiff	2:12.33	___
7	Thomas, Serenity	15	NofioGwynedd	2:14.18	___
8	Ach Rhys, ESYLLT	15	NofioGwynedd	2:15.58	___

Heat 9 of 10 Prelims

1	Smith, Amelia	17	Co Cardiff	2:14.79	___
2	Robinson, Scarlett	17	Copeland	2:12.98	___
3	Crawley, Abigail	20	Swansea Uni	2:09.63	___
4	Dickinson, Jessica	20	Swansea Uni	2:07.25	___
5	Davies, Megan	20	Swansea Uni	2:08.59	___
6	Jones, Bea	19	Co Hereford	2:12.26	___
7	Hickman, Eve	20	Bridgend Cty	2:14.00	___
8	Dwyfor-Clark, Efa	16	NofioGwynedd	2:15.40	___

Heat 10 of 10 Prelims

1	Worthington, Emma	17	Chirk	2:14.70	___
2	Hall, Emily	15	Warrington W	2:12.66	___
3	Titchener, Megan	17	Torfaen D	2:08.87	___
4	Broder, Libby	19	Co Cardiff	2:05.51	___
5	Patterson, Millie	19	Swansea Uni	2:07.54	___
6	Winstanley, Elin	16	Co Hereford	2:11.71	___
7	Humphreys, Holly	17	Neath	2:13.92	___
8	Blake, Emily	18	Co Cardiff	2:15.37	___

Event 113 Boys 15 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1				___
2				___
3	Ray, Julian	15	ForestofDean	38.60
4	Stuart-Lavender, Jac	15	Nofio S Gar	37.82
5	Yeo, Erik	15	Co Cardiff	38.06
6				___
7				___
8				___

Heat 2 of 7 Prelims

1	Bartram, Solomon	15	Bridgend Cty	36.86
2	Giles, Brodie	15	Bridgend Cty	36.38
3	Fudge, Marcus	17	Rct Squad	36.07
4	Hall, Ethan	16	Fishguard	35.40
5	Payne, Alexander	17	Droitwich	35.93
6	Martin-Young, Freddie	16	Rtw Monson	36.33
7	Langridge, Oliver	16	Holywell	36.70
8				___

Heat 3 of 7 Prelims

1	Willis, Samuel	16	Co Hereford	35.11
2	Lloyd, Thomas	17	Rochford	34.98
3	Warman-Powell, Ioan	15	Torfaen D	34.87
4	Brock, Freddy	16	Rct Squad	34.60
5	Divers, Connor	18	Caerphilly	34.60
6	Park, Reggie Samuel	15	Holywell	34.90
7	Evans, Monty	18	Gloucester	35.00
8	Shiland-Griffiths, Enzo	15	NofioGwynedd	35.26

Heat 4 of 7 Prelims

1	Hughes, Cai	16	Nofio Bangor	34.06
2	Phillips, Ioan	15	Neath	33.74
3	Leatherbarrow, Jack	17	Wrexham	33.68
4	Doyle, Alfie	17	Co Newport	33.31
5	Bostock, Dyfan	15	Wrexham	33.57
6	James, Tristan	16	Bridgend Cty	33.68
7	Bennett, Finley	16	Pembs Cty	33.79
8	Owen, Luca	18	Holywell	34.60

Heat 5 of 7 Prelims

1	Mruk, Lucas	17	Torfaen D	33.03
2	Bamborough, Jack	17	Co Cardiff	32.80
3	Song, Guangping	16	EllesmereCSA	32.01
4	Gallagher, Reagan	19	TauntonDeane	30.59
5	Pugh, Morgan	18	Torfaen D	31.02
6	Phillips, Finley	15	Nofio S Gar	32.68
7	Montague, Mason	17	Pembs Cty	32.87
8	Miles, Harry	15	Co Cardiff	33.25

Heat 6 of 7 Prelims

1	Gubb, Harvey	19	Neath	33.01
2	Tennant, Cale	17	Eastbourne	32.70
3	Wright, Ethan	23	Nofio Bangor	31.64
4	Walford, Nathan	20	Swansea Uni	30.15
5	Thomas, Lucas	17	NofioGwynedd	30.98
6	Jenkins, Richard	19	SurreyUni SC	32.20
7	Evans, Oscar	16	Co Hereford	32.83
8	Upton-Boorman, Liam	18	Nofio S Gar	33.06

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 1 - Warmup 7.45 - 8.45

Heat 7 Prelims (#113 Boys 15 & Over 50 LC Meter Breaststroke)

1	Richardson, Osian	17	Swansea Aq	32.89	___
2	Hole, Ethan	16	Co Cardiff	32.70	___
3	Morris, Harry	19	Newcastle St	31.26	___
4	Lovell-Pascal, Jean-Luc	20	Swansea Uni	29.60	___
5	Minshull, Callum	21	Swansea Uni	30.78	___
6	Williams, Luke	17	Co Newport	32.04	___
7	Neaves, Jake	16	EllesmereCSA	32.82	___
8	Meilleur, Elliot	15	NofioGwynedd	33.03	___

Event 114 Female 15 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 8 Prelims

1	%Challis, Ellie SB2	21	Conwy	1:09.54	___
2	Lloyd, Ffion	18	Rct Squad	42.89	___
3	Connolly, Juliette	15	Conwy	41.60	___
4	Jala, Eliana	17	Rhondda	40.93	___
5	Ostrowski, Julia	16	Pembs Cty	41.42	___
6	Hayde, Olivia	15	Co Hereford	42.50	___
7	Bendon, Megan	17	Cwmbran	43.72	___
8					___

Heat 2 of 8 Prelims

1	Cartmell, Peggy	17	Flitwick	40.83	___
2	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	40.50	___
3	Brook, Cerys	17	Stourbridge	40.22	___
4	Lewis, Orla Rose	15	Torfaen D	39.81	___
5	McNamara, Imogen	15	Co Cardiff	39.92	___
6	Gilderdale, Celyn	17	Pembs Cty	40.25	___
7	Ling, Olivia	15	Co Cardiff	40.80	___
8	Holmes, Seren	16	Afan Valley	40.93	___

Heat 3 of 8 Prelims

1	Faulkner, Marie	20	Co Cardiff	39.62	___
2	Woodbine, Amelia	15	Holywell	39.50	___
3	Jones, Myia	17	Wrexham	39.10	___
4	Kay, Isabelle	17	Rct Squad	38.96	___
5	Roberts, Ellie	17	Nofio Bangor	39.00	___
6	Roberts, Isabel	15	Co Cardiff	39.20	___
7	Knight, Lily	15	Swansea Aq	39.59	___
8	Hughes, Nancy	16	Rct Squad	39.73	___

Heat 4 of 8 Prelims

1	Buckley, Holly	16	Winsford	38.93	___
2	Daly, Isabella	15	Bridgend Cty	38.37	___
3	Fox, Honor	18	Co Cardiff	38.20	___
4	Taylor-Bernard, Rose	17	Trafford Met	37.87	___
5	Powell, Josie	15	Bridgend SC	37.96	___
6	Lewis, Lowri	19	Neath	38.30	___
7	Goddard, Amy	16	Rct Squad	38.69	___
8	Price, Cerys	16	Heads Valley	38.96	___

Heat 5 of 8 Prelims

1	McNicholas, Caitlin	20	Deben	37.64	___
2	Johnson, Poppy	16	Holywell	37.60	___
3	Stark, Tala	15	Pembs Cty	37.48	___
4	Gardener, Hannah	16	Bridgend Cty	37.06	___
5	Phillips, Emily	17	Neath	37.14	___
6	Field, Abigail	18	Co Hereford	37.54	___
7	Knight, Bria	20	Swansea Uni	37.61	___
8	Jones, Rebecca	16	Co Coventry	37.66	___

Heat 6 of 8 Prelims

1	Owen, Kessie	17	Neath	36.43	___
2	Andrews, Joanne	15	EllesmereCSA	35.99	___
3	Williams, Cari	16	Nofio Bangor	35.37	___
4	Winstanley, Elin	16	Co Hereford	33.81	___
5	Mercer, Olivia	21	Swansea Uni	34.81	___
6	Matthews, Elin	15	Co Cardiff	35.56	___
7	Worthington, Emma	17	Chirk	36.18	___
8	Daniel, Megan	15	Caradon	36.94	___

Heat 7 of 8 Prelims

1	Graville, Carys	20	Co Cardiff	36.37	___
2	Flanagan, Evelyn	15	Co Liverpool	35.73	___
3	Turner, Jasmine	16	Caradon	35.06	___
4	Huellou, Claire	20	Swansea Uni	33.39	___
5	Salmon, Gwen	18	Rct Squad	34.80	___
6	Gorman, Helen	53	Co Cardiff	35.49	___
7	Smith, Amelia	17	Co Cardiff	36.15	___
8	Ulloa, Coco	15	Wycombe Dist	36.93	___

Heat 8 of 8 Prelims

1	Lythgoe, Manon	16	Swansea Aq	36.28	___
2	Andrews, Bella	15	Co Newport	35.58	___
3	Gibbs, Harriet	17	Nofio S Gar	34.90	___
4	Woodcock, Hannah	21	Swansea Uni	33.34	___
5	Stoddart, Imogen	20	Co Cardiff	34.24	___
6	Davies, Ellen	16	Chirk	35.48	___
7	Robinson, Scarlett	17	Copeland	36.06	___
8	Stenson, Isabella	18	Cirencester	36.51	___

Event 115 Boys 15 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Prelims

1					___
2	%O'Reilly, McKenzie S8	16	Torfaen D/A, 12+	1:26.67	___
3	Caldicott, Lewis	15	Co Newport	1:13.95	___
4	Davies, Blake	15	Co Cardiff	1:12.17	___
5	Fudge, Marcus	17	Rct Squad	1:12.37	___
6	%Hobbs, Alex S7	20	Swansea Uni/1,3,5,12+	1:20.20	___
7					___
8					___

Heat 2 of 6 Prelims

1	Galbraith, Elian	16	Nofio S Gar	1:11.58	___
2	Hewitt, Archie	15	Torfaen D	1:10.58	___
3	Martin-Young, Freddie	16	Rtw Monson	1:09.54	___
4	Gwynfil, Solomon	15	Co Cardiff	1:09.09	___
5	Gilligan, Henry	15	Rct Squad	1:09.30	___
6	Lorimer, Archie	16	Clitheroe	1:10.35	___
7	Parfitt, Sebastian	15	Co Cardiff	1:11.35	___
8	Noakes, Ben	16	Bolton	1:11.62	___

Heat 3 of 6 Prelims

1	Page, Alfie	16	Co Cambridge	1:08.80	___
2	Miles, Harry	15	Co Cardiff	1:08.31	___
3	Leatherbarrow, Jack	17	Wrexham	1:07.48	___
4	Birdsall, Charlie	15	Co Cambridge	1:06.90	___
5	Clark, Casper	16	Amersham	1:07.44	___
6	Cressey-Rodgers, Ioan	20	Nofio S Gar	1:07.83	___
7	Shiland-Griffiths, Enzo	15	NofioGwynedd	1:08.68	___
8	Whittaker, Daniel	19	Bridgend Cty	1:08.80	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 1 - Warmup 7.45 - 8.45

Heat 4 Prelims (#115 Boys 15 & Over 100 LC Meter Backstroke)

1	Silverstone, Solomon	16	Pembs Cty	1:05.30	___
2	Rixon, Oliver	17	Co Newport	1:04.16	___
3	Edwards, Dion	18	NofioGwynedd	1:02.73	___
4	Davies, Evan	19	Co Cardiff	59.00	___
5	Gillett, Oliver	18	Swansea Uni	1:00.10	___
6	Clarke, Tomas	17	Holywell	1:03.30	___
7	Sadler, Adam	17	Salisbury	1:04.80	___
8	Deacon, Cameron	15	Co Cardiff	1:06.27	___

Heat 5 of 6 Prelims

1	Davies, Brynley	15	Co Newport	1:05.14	___
2	Davies, Iwan	17	Co Cardiff	1:03.98	___
3	Jasinski, Hubert	18	Co Newport	1:01.44	___
4	John, Finlay	19	Bridgend Cty	58.47	___
5	Sadberry, Jack	21	Swansea Uni	59.55	___
6	Mills, Ioan	16	Torfaen D	1:03.25	___
7	Bebb, Lewis	18	Newtown	1:04.70	___
8	Winstone, Evan	19	Co Cardiff	1:06.01	___

Heat 6 of 6 Prelims

1	Ward, Iwan	17	Droitwich	1:05.14	___
2	Bamborough, Jack	17	Co Cardiff	1:03.39	___
3	Arnold, Jack	17	Swansea Aq	1:00.80	___
4	Johnstone, Daniel	18	Nofio S Gar	58.20	___
5	Morgan, Dominic	20	Swansea Uni	59.24	___
6	Montague, Mason	17	Pembs Cty	1:02.85	___
7	Hole, Ethan	16	Co Cardiff	1:04.56	___
8	Lennon, Danny	17	Wrexham	1:05.99	___

Event 116 Female 15 & Over 100 LC Meter Backstroke**Includes Event 11 Swimmers**

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1					___
2					___
3	%Hughes, Chloe S9	31	Caerphilly/A, 9	1:32.69	___
4	%Rice, Lily S8	21	Pembs Cty	1:22.10	___
5	%Lawn, Pippa S14	15	Torfaen D	1:27.10	___
6					___
7					___
8					___

Heat 2 of 10 Prelims

1	Taylor, Rebecca	15	Wrexham	1:20.00	___
2	Brazier, Jessica	16	Mt Kelly	1:19.60	___
3	Synowiec, Amelia	15	Conwy	1:18.73	___
4	Davies, Darcey	16	Rct Squad	1:18.52	___
5	Thompson, Cerys	17	Nuneaton	1:18.59	___
6	Haddrell, Eva Lily	17	Bridgend Cty	1:19.47	___
7	Hughes, Nancy	16	Rct Squad	1:19.85	___
8	Stark, Tala	15	Pembs Cty	1:20.39	___

Heat 3 of 10 Prelims

1	Grant, Lucy Margaret	15	NofioGwynedd	1:17.90	___
2	Evans, Gwennan	15	Co Cardiff	1:17.15	___
3	Rose, Isabelle	16	Co Leicester	1:16.95	___
4	McDonagh, Emily	17	Bridgend Cty	1:16.88	___
5	Smith, Summer	16	Merthyr Tydf	1:16.89	___
6	Roberts, Lexi	16	Oswestry Ott	1:17.04	___
7	Cox, Isabelle	15	Co Cardiff	1:17.60	___
8	George, Eilir	15	Nofio S Gar	1:18.10	___

Heat 4 of 10 Prelims

1	Philpott, Ffion	16	Nofio S Gar	1:16.31	___
2	Rees, Maisie	15	Rct Squad	1:16.17	___
3	Cartmell, Peggy	17	Flitwick	1:15.86	___
4	King, Marley	17	Penyrheol	1:15.49	___
5	Holmes, Seren	16	Afan Valley	1:15.60	___
6	Hornby, Isabel	15	NofioGwynedd	1:16.00	___
7	Cressey-Rodgers, G	15	Nofio S Gar	1:16.24	___
8	Richardson, Beca	15	Swansea Aq	1:16.67	___

Heat 5 of 10 Prelims

1	Buckley, Holly	16	Winsford	1:14.98	___
2	Bruce, Skye	16	Pembs Cty	1:14.60	___
3	Carter, Ava	17	Penyrheol	1:14.38	___
4	Richards, Faith	15	Co Cardiff	1:13.91	___
5	Davies, Ellen	16	Chirk	1:14.00	___
6	Lewis, Carys-Elizabeth	18	Oswestry Ott	1:14.60	___
7	Jones, Myia	17	Wrexham	1:14.93	___
8	Upton-Boorman, Isabella	15	Nofio S Gar	1:15.26	___

Heat 6 of 10 Prelims

1	Roberts, Isabel	15	Co Cardiff	1:13.75	___
2	Hughes-Rolls, Ava	16	Torfaen D	1:13.30	___
3	Swan, Lottie	16	Harrogate	1:13.17	___
4	Lewis, Lowri	19	Neath	1:12.70	___
5	Howson, Ellen	16	Co Newport	1:12.99	___
6	Smyth, Elise	23	Swansea Uni	1:13.30	___
7	Fitzgerald, Mali	15	Bridgend Cty	1:13.59	___
8	Robinson, Scarlett	17	Copeland	1:13.77	___

Heat 7 of 10 Prelims

1	Roberts, Mali	15	NofioGwynedd	1:12.50	___
2	Parfitt, Kali	15	Torfaen D	1:12.30	___
3	Hellfeld, Matilda	19	Nofio Bangor	1:12.19	___
4	Keepings, Charlotte	19	Swansea Uni	1:12.16	___
5	Edwards, Alaw	15	NofioGwynedd	1:12.18	___
6	Spence, Clara	17	Carnforth	1:12.27	___
7	Stork, Niamh	21	Co Cardiff	1:12.37	___
8	Jones, Evie	17	Merthyr Tydf	1:12.58	___

Heat 8 of 10 Prelims

1	Schumm, Libby	16	Torfaen D	1:11.06	___
2	Hickman, Eve	20	Bridgend Cty	1:10.00	___
3	Evans, Lili	18	Co Cardiff	1:08.51	___
4	Willis, Hannah	20	Swansea Uni	1:06.92	___
5	Lush, Emily	23	Swansea Uni	1:08.21	___
6	Gillingham, Grace	21	Nofio Bangor	1:09.15	___
7	Smart, Charlotte	18	Swansea Uni	1:10.11	___
8	Lidgett, Isabella	17	Co Cardiff	1:11.95	___

Heat 9 of 10 Prelims

1	Geach, Libbie	16	Neath	1:10.40	___
2	Thomas, Serenity	15	NofioGwynedd	1:09.82	___
3	Brassington, Sophie	19	Swansea Uni	1:08.34	___
4	Owen, Gracie	17	Torfaen D	1:05.84	___
5	Evans, Sian	17	Holywell	1:08.20	___
6	Wardell, Cari	16	Co Cardiff	1:09.02	___
7	Hellfeld, Beatrix	18	Nofio Bangor	1:10.10	___
8	Huws, Awen	17	Rct Squad	1:11.37	___

Swim Wales Summer Meet 2025 - 30/07/2025 to 03/08/2025

Meet Program - Session 1 - Warmup 7.45 - 8.45

Heat 10 Prelims (#116 Female 15 & Over 100 LC Meter Backstroke)

1	Stokes, Aimee	21	Swansea Uni	1:10.30	___
2	Bamborough, Katie	21	Swansea Uni	1:09.59	___
3	Jones, Bea	19	Co Hereford	1:08.33	___
4	Stead, Martha	20	Swansea Uni	1:04.88	___
5	Croke, Carys	18	Torfaen D	1:08.11	___
6	Parfitt, Lucy	17	Co Cardiff	1:08.55	___
7	Blake, Emily	18	Co Cardiff	1:10.04	___
8	%Williams, Rose S14	17	Co Cardiff	1:11.35	___

Event 117 Boys 15 & Over 400 LC Meter IM (HDW)

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 3 Finals

1	Giles, Brodie	15	Bridgend Cty	5:28.50	___
2	Noakes, Ben	16	Bolton	5:26.73	___
3	Thomas, Archie	15	Co Cardiff	5:16.10	___
4	Brock, Freddy	16	Rct Squad	5:13.47	___
5	Duggan, Brandon	15	Co Cardiff	5:14.55	___
6	Martin-Young, Freddie	16	Rtw Monson	5:17.05	___
7	Gruffydd, Ned	15	Co Cardiff	5:28.15	___
8	Morgan, Ben	16	Pembs Cty	5:43.51	___

Heat 2 of 3 Finals

1	Phillips, Finley	15	Nofio S Gar	5:09.95	___
2	Leatherbarrow, Jack	17	Wrexham	5:09.74	___
3	Williams, Owen	16	NofioGwynedd	5:08.30	___
4	Upton-Boorman, Liam	18	Nofio S Gar	5:02.20	___
5	Cummings-Candal, James	20	Co Cardiff	5:03.25	___
6	Richardson, Osian	17	Swansea Aq	5:09.70	___
7	Reece, Liam	15	Co Newport	5:09.81	___
8	Hardy, Dewi	18	Wrexham	5:10.00	___

Heat 3 of 3 Finals

1	Bennett, Finley	16	Pembs Cty	5:01.43	___
2	Ward, Iwan	17	Droitwich	4:54.98	___
3	Clegg, Luke	20	Swansea Uni	4:43.44	___
4	Arch, Rhydian	20	Co Cardiff	4:39.54	___
5	Gallagher, Reagan	19	TauntonDeane	4:43.24	___
6	Neaves, Archie	20	Swansea Uni	4:44.30	___
7	Meilleur, Elliot	15	NofioGwynedd	4:59.70	___
8	Cavill, Jack	15	Co Cardiff	5:02.14	___

Event 118 Female 15 & Over 400 LC Meter IM (HDW)

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Finals

1					___
2					___
3	Mason, Phoebe	15	Pembs Cty	6:01.22	___
4	Kay, Isabelle	17	Rct Squad	5:52.92	___
5	Thompson, Freya	15	Pembs Cty	5:59.60	___
6					___
7					___
8					___

Heat 2 of 4 Finals

1					___
2	Knight, Lily	15	Swansea Aq	5:50.80	___
3	Clissold, Elizabeth	19	Pembs Cty	5:45.70	___
4	Ulloa, Coco	15	Wycombe Dist	5:41.56	___
5	Brady, Grace	16	Rct Squad	5:44.79	___
6	Buckley, Holly	16	Winsford	5:50.09	___
7	Connolly, Juliette	15	Conwy	5:51.20	___
8					___

Heat 3 of 4 Finals

1	Jones, Myia	17	Wrexham	5:33.82	___
2	Jones, Rebecca	16	Co Coventry	5:31.40	___
3	Ling, Olivia	15	Co Cardiff	5:28.34	___
4	Robinson, Scarlett	17	Copeland	5:27.03	___
5	Field, Abigail	18	Co Hereford	5:27.82	___
6	Daniel, Megan	15	Caradon	5:28.66	___
7	Jones, Evie	17	Merthyr Tydf	5:31.50	___
8	Lewis, Orla Rose	15	Torfaen D	5:36.29	___

Heat 4 of 4 Finals

1	Thomas, Serenity	15	NofioGwynedd	5:22.77	___
2	Lythgoe, Manon	16	Swansea Aq	5:19.84	___
3	Williams-Jones, Phoebe	19	Co Cardiff	5:15.41	___
4	Dilks, Gemma	20	Tiverton	5:09.67	___
5	Rees, Katie	27	Swansea Uni	5:15.30	___
6	Skinner, Nia	32	ForestofDean	5:17.80	___
7	Hall, Emily	15	Warrington W	5:21.88	___
8	Cust, Ciara	18	Conwy	5:26.56	___